
Rocky Mountain Lutheran High School Athletics



MIDDLE SCHOOL VOLLEYBALL

July 20, 2016

Dear parents,

Last year was the tenth year of middle school volleyball at RMLHS. We were very glad to have enough girls participate from our area grade schools that we were able to field A and B teams. One of the goals of having this program is to give the girls in our area grades schools the opportunity to better prepare themselves for volleyball on the high school level. I am happy to say that we are realizing the benefit of the middle school program. We are now seeing players enter our program who have more highly-developed volleyball skills and are better prepared for the high school level games!

RMLHS is happy to again offer the program this year, and we hope your 6th-8th grade girls will be able to participate.

The cost will be \$65.00 per player. Costs include but are not limited to a t-shirt that the girls will keep for practices and games, gym rental for practices and games, equipment and other supplies, and referee costs.

Practices will be held on the days indicated on the schedule that is included with this mailing. Practices and home games will be held at Community Leadership Academy located at 6800 Holly St, Commerce City, CO 80022. Directions to the away schools are on the RMLHS website and will be emailed out prior to the game. On your registration form we are requesting your e-mail address so that we are able to contact you in that fashion as the season progresses.

Please return your MS volleyball team registration form and check payment to RMLHS by August 22. **Forms and payment should be mailed to RMLHS, 10391 Luther Court, Commerce City, CO 80022.** If you have any questions please contact: Kelly Presser- 303-346-1947 (school), 303-877-8010 (cell) or ad@rmlhs.org.

We look forward to providing the opportunity for your girls to improve and develop their God-given abilities in this area! Have a great rest of the summer!

In His service,

Kelly Presser
Activities Director

RMLHS Eagles

Middle School Volleyball

Registration & Permission Form

Many forms of athletic competition result in physical contact among players, the use of equipment that may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; athletic participation by students also may inherently be dangerous. The obligation of parents and students in making this choice to participate cannot be overstated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists.
By choosing to participate, you, the student acknowledges that such risk exists.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper uses and techniques.

If any of the foregoing is not completely understood, please contact RMLHS for further information.

Please return to RMLHS by **August 22**.

Student's name: _____ Grade: _____

Practice/Game T-shirt adult size: _____

This will acknowledge that we have read and understand the material contained in this notice to athletes and parents or guardians.

Parent/Guardian signature: _____ Date _____

Parent/Guardian e-mail: _____

Parent/Guardian phone: Daytime _____ Evening _____

Student signature: _____ Date _____

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2016 Middle School Volleyball Schedule

<u>Date</u>	<u>Start Time</u>	<u>Squad(s)</u>	<u>Opponent</u>	<u>Home/Away</u>
8/24	5:30-6:30	MS	Practice	
8/25	5:00	MSB/MSA/JV/V	Elbert	Home
8/29	5:30-6:30	MS	Practice	
8/31	5:30-6:30	MS	Practice	
9/2	4:00	MSB/MSA/JV/V	Shining Mountain Waldorf	Away
9/7	5:30-6:30	MS	Practice	
9/9	4:00	MSB/MSA/JV/V	*Bellevue Christian	Away
9/12	5:30-6:30	MS	Practice	
9/15	4:30	MS/V	*Jim Elliot Christian	Away
9/19	5:30	MSB/MSA	*Shining Mountain Waldorf	Home
9/20	4:00	MSB/MSA/JV/V	*Denver Waldorf	Away
9/21	5:30-6:30	MS	Practice	
9/22	5:00	JV/V	*Shining Mountain Waldorf (Homecoming Game and Pep Rally)	Home
9/26	5:00	MSB/MSA/JV/V	*Denver Jewish Day School	Home
9/27	5:30-6:30	MS	Practice	
9/28	4:00	MSB/MSA/JV/V	Gilpin County High School	Away
10/3	5:30-6:30	MS	Practice	
10/4	5:00	MSB/MSA/JV/V	*Thorncreek Christian School	Home
10/6	4:00	MSB/MSA/V	*Cornerstone Christian School	Away
10/12	5:30-6:30	MS	Practice	
10/17	5:30-6:30	MS	Practice	
10/18	5:00	MSB/MSA/JV/V	*Front Range Baptist (pink game)	Home
10/20	4:00	MS	5280 League Tournament	DJDS/DW

*Indicates League Opponent

**All home games and practices will be held at
Community Leadership Academy-
6800 Holly St, Commerce City, CO 80022
Directions to away games posted at www.rmlhs.org**