
Rocky Mountain Lutheran High School Athletics



MIDDLE SCHOOL VOLLEYBALL

July 19, 2018

Dear parents,

Last year was the twelfth year of middle school volleyball at RMLHS. One of the goals of having this program is to give the girls in our area grades schools the opportunity to better prepare themselves for volleyball on the high school level. I am happy to say that we continue to see the benefit of the middle school program. We are now seeing players enter our program who have more highly-developed volleyball skills and are better prepared for the high school level games!

RMLHS is happy to again offer the program this year, and we hope your 6th-8th grade girls will be able to participate.

The cost will be \$80.00 per player. Costs include but are not limited to a t-shirt that the girls will keep for practices and games, gym rental for practices and games, equipment and other supplies, and referee costs.

Practices will be held on the days indicated on the schedule that is included with this letter. Practices will be held at The Difference ("The Diff") Maker: 10485 E Henderson Rd, Brighton, CO 80601. Home games will be held at Beautiful Savior Lutheran Church(6995 W 120th Ave, Broomfield, CO 80020). Directions to the away schools are on the RMLHS website and will be emailed out prior to the game.

To register, please return your MS volleyball team registration form and check payment to RMLHS by August 22. Forms and payment should be mailed to RMLHS, 10391 Luther Court, Commerce City, CO 80022. You can also register and pay online by visiting: <https://squareup.com/store/rocky-mountain-lutheran-high-school>. If registering online the form can be brought to the first night of practice.

If you have any questions please contact: Kelly Presser- 303-346-1947 (school), 303-877-8010 (cell) or ad@rmlhs.org.

We look forward to providing the opportunity for your girls to improve and develop their God-given abilities in this area! Have a great rest of the summer!

Kelly Presser
Activities Director

RMLHS Eagles

Middle School Volleyball

Registration & Permission Form

Many forms of athletic competition result in physical contact among players, the use of equipment that may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; athletic participation by students also may inherently be dangerous. The obligation of parents and students in making this choice to participate cannot be overstated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists.
By choosing to participate, you, the student acknowledges that such risk exists.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper uses and techniques.

If any of the foregoing is not completely understood, please contact RMLHS for further information.

Please return to RMLHS by **August 22**.

Student's name: _____ Grade: _____

Practice/Game T-shirt adult size: _____

This will acknowledge that we have read and understand the material contained in this notice to athletes and parents or guardians.

Parent/Guardian signature: _____ Date _____

Parent/Guardian e-mail: _____

Parent/Guardian phone: Daytime _____ Evening _____

Student signature: _____ Date _____

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2018 Middle School Volleyball Schedule

<u>Date</u>	<u>Start Time</u>	<u>Squad(s)</u>	<u>Opponent</u>	<u>Home/Away</u>
8/22	5:30-6:30	MS	Practice	
8/23	5:00	MS/JV/V	Elbert	Home
8/27	5:30-6:30	MS	Practice	
8/28	4:30	MSB/MSA/JV/V	Cornerstone Christian/Skyview	Home
9/5	5:30-6:30	MS	Practice	
9/10	4:15	MSB/MSA	Cornerstone Christian	Away
9/11	5:30-6:30	MS	Practice	
9/13	5:30-6:30	MS	Practice	
9/18	5:30-6:30	MS	Practice	
9/20	5:00	MS/V	*Mile High Academy	Home
9/24	5:30-6:30	MS	Practice	
9/25	5:00	MS/JV/V	*Belleview Christian School	Home
10/1	5:30-6:30	MS	Practice	
10/2	4:00	MS/JV/V	Denver Waldorf School	Away
10/4	4:30	MS/JV/V	Shining Mountain Waldorf <i>(Homecoming Game and Pep Rally)</i>	Home
10/10	4:00	MS/JV/V	*Denver Jewish Day School	Away
10/11	5:30-6:30	MS	Practice	
10/12	5:00	MS/JV/V	*Front Range Baptist	Home
10/15	5:30-6:30	MS	Practice	
10/18	4:00	MS	5280 League Tournament	DJDS/DW

**Indicates League Opponent*

All practices will be held at:

The Difference ("The Diff") Maker: 10485 E Henderson Rd, Brighton, CO 80601

Home games will be played at Beautiful Savior Lutheran: 6995 W 120th Ave, Broomfield, CO 80020.

**Directions to away games posted at www.rmlhs.org as well as
emailed at the beginning of the week prior to the games.**